between arts therapies, the student-centered approach, and various pedagogical disciplines, such as special education. Specific theories influence the practices of arts therapists, but these influences are not significant when comparing major trends in educational and other work environments. Based on the information obtained from the analysis of therapeutic preferences, similarities can be found between the practices of arts therapists in the Czech Republic and in some other European countries. The results of this study can be used to create strategies for the systematic development of AT in the Czech educational environment and for the implementation of future comparative studies in arts therapies.

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