

(the scene in the church, when Leon makes first sounds with the organ –which he had often mentioned before, finding them necessary for well-being). The structure of this scene is invaluable for classes in therapy. After the first sounds, still single and isolated, Clyde starts singing a song known to him, “Heavenly Coffee” (probably one from a commercial of the beverage), first a cappella, and later with Dr Stone accompanying him on the organ, and once the music has cheered him on, he asks Betty the assistant to dance. They are joined by Joseph who steps in from the side-lines and conducts following the pulsation of the musical material, and finally by Leon, who starts to dance, amazed by the movements of his own hands. Music generates joy, as well as a will for interaction and rejoicing in the moment together. This is, eventually, the quintessence of music therapy in one scene.

Conclusion

Film therapy, or rather exemplification of therapeutical issues in a film, might become a remarkable component of an academic lecture, not only in the situation of a pandemic, as it is argued by David R. Cole and Joff P.N. Bradley (2016, p. 11). The cinematographic image, here subjected to an initial description performed from a pedagogical perspective, resonates with Kępiński’s (2015) idea. In its message, it emphasises the significance of the patient’s specific contact with the therapist, as well as the indispensability of a deeply humanistic attitude towards the patient, based on understanding and empathising with their emotions, including discomfort or suffering. The film shows the hard work of the therapist, but also that of the patients, who form a *working alliance* (Gelso, Hayes, 1998), which brings results co-created in a group. The essence of the film’s message is, therefore, understanding therapy as a meeting with a human being and not their dysfunction, as well as creating a dialogue based on understanding and directed towards recognition of the other person’s needs and meeting them. It is also a story about building a group out of individualities and about becoming responsible for fellow participants in therapy.

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