In conclusion, teachers should achieve psychological well-being, be happy, and strive to develop their personal potential, to create positive relationships, to engage in productive and creative activity, to use their creative abilities to generate innovative ideas, improve their well-being and satisfaction with life, work and themselves. Therefore, it is worth focusing on the development of creative personality traits (curiosity, self-confidence, stability and persuasiveness, ambitiousness, the desire to be an independent person, etc.), in order to improve teachers’ working conditions, since working conditions affect both the well-being and the level of effectiveness of activities. This study also revealed that teachers’ creativity is significantly related both to the specificity and prestige of the activity, and their well-being. The high level of well-being is associated with a high level of creative and effective activity. In addition, it is worth paying more attention in the field of education to the professional well-being and psychological well-being of teachers, reducing the load, improving financial incentives and making efforts to create a fair working environment. This suggests that the development of reflective thinking of teachers should be encouraged and that they should be stimulated to engage in creative activity. This can help them to have a positive influence on students, and in their shaping as future citizens of our state.

References


