

investigation, and which should be reflected in the core curriculum, in teacher training, in lecturers' awareness and in classroom practice. Reflexivity was proven to be measurable and in the face of higher education reforms in Poland, with their unpredictability and potential for unintended consequences, it is a critical skill to navigate successfully through the unknown educational landscape, to actively adjust to changing conditions and to influence them. The findings demonstrated how the level of reflexive thinking is correlated with the level of study, confirming that students in higher years of study display higher levels of reflexivity. (cf. Ghanizadeh & Jahedizadeh 2017).

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