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Embedded Lifelong Learning: Demands on the Integration of Learning into the Daily Routine

Abstract

The Research Studio eLearning Environments has developed the “Learning Pulse”. The “Learning Pulse” makes use of a PUSH technology and supports repetitive learning activities by utilizing ICT. The PUSH technology is based on external initiation of a learning activity. This terminology is derived from web-application programming. This article reflects on the background and the relationship between the “Learning Pulse” and lifelong learning, focusing on aspects of motivation, flexibility, and learner dropouts. In the second part the idea behind the “Learning Pulse” is compared with the settings in which “conventional” self directed learning takes place. Based on these assumptions it is described how the PUSH approach can be used for embedding learning activities into the daily routine of a learner.

Key words: *Lifelong learning, learner’s motivation, flexibility of learning, information and communication technologies, micro activities.*