

Parents' Participation in Leisure Time Activities of Their Preadolescent Child. Model approach

Abstract

The article is a presentation of the results of the level of parental involvement in leisure activities of their preadolescent children. The study covered such aspects of parental care as providing an adequate time off, involvement in leisure activities organization, control and common recreation. The results confirmed that a key roles as determinants of the level and extent of parental care are played by: the level of parents' education, their workload and financial condition. The study also made it possible to create three models of parents' participation in children's leisure: support and bilateral cooperation, paternalistic control and separative model.

Key words: *leisure, free time activities, parental care.*

1. Introduction

A person at the preadolescence stage of development is in many respects an autonomous individual, however, the specificity of this developmental phase makes parents take care of their daughter's or son's free time in a manner which is reasonable and adapted to concrete situations. Despite undoubted benefits of spending free time together, parents should remember that an adolescent craves to fulfill the need for emancipation from direct supervision. The freedom of choice in undertaken activities is a constructive feature of leisure time. Therefore, parents should allow a young person to come up with invention and independence in managing free time. Parents have to limit their suggestions or interventions to