

Diagnosis of Aggressive Behaviours among Students as a Sign of Pathology in the Rural Environment with Recommendations for Preventive Measures

Abstract

This article comprises a presentation of diagnostic results of research conducted among students from rural schools. The problems mentioned in the study concern the occurrence of omnipresent physical and verbal aggression in youth. The study findings allowed for drawing conclusions for the purpose of pedagogical and preventive measures which may serve for developing an adequate, entirely tailor-made, preventive program, thus ensuring the highest level of effectiveness guarantee.

Key words: *physical aggression, verbal aggression, youth*

Introduction

On account of a visible increase in the occurrence of aggression in youth there is a huge need for extending pedagogical activity within counteracting already existing acts of aggression as well as prevention in this scope. Aggression is *a peculiar kind of behaviour which takes on the form of an initiated attack, causing specific material, physical or moral damage* (Moczydłowska, Pełszyńska, 2004, p. 34). An aggressive behaviour violates the physical and mental area of the other person without his or her consent, additionally causing damage. Based on relevant literature there are the following types of aggression: physical, verbal and intermediate, which consists in inciting other people to act aggressively or refusing to perform some tasks (Robakiewicz, 2004).