

## Life Environment and its Influence on the Child's State of Health and Frame of Mind

### Abstract

A particular role in shaping the child's health state and frame of mind is played by the environment and the circle of people, things and relationships surrounding them placed in it. The family, the house and its neighbourhood and school are the closest life environment influencing their personality, having an impact on their way of thinking, acting and making choices of behaviour connected with health.

**Key words:** *environment, life environment, family, school*

The **environment** where children spend their life has a direct influence on the state of their health and frame of mind. It constitutes **an inherent element of the environment** and their existence at all the stages of life and is inseparable from it. Children's perception of the environment plays an important role in the **process of socialisation** and "is not unimportant in **choices of behaviour** made by them, connected with their health, lifestyles, and perception of relations between the elements of the environment" (E. Syrek, 2008, p. 42). However, among "many notions connected with the category of **the environment** (social, educational, invisible, objective, subjective ones, little homeland, life space of a human being, etc.) **the life environment**, including all possible configurations of elements of the environment where an individual dwells, seems to be the most important one, recently often used in social pedagogy. The specific feature of this notion is the fact that depending on how the individual places themselves in the given environment it assumes various attributes. It can be objective, subjective, invisible, material, wider or direct. An individual can assume a passive, defensive and creative (active) approach" (E. Marynowicz-Hetka, 2006, p. 54). The environment is created by various "systems