

The Need for an Interdisciplinary Approach to Rehabilitation

Abstract

Contemporary changes which can be found in almost all areas of human activity bring us to the reflection aiming at redefining the notion of rehabilitation, re-examination of the meaning fields of the concept and its new extent. The holistic approach towards development processes compels the interdisciplinary paradigm. Fields, areas and specific scientific disciplines cannot be limited only to their specifications. They cannot remain indifferent to the things that concern others interested in distinct areas of functioning. Such an attitude does not favour the things that should be characteristic of professionals taking decisions about contact, initiation and conducting or continuing helping activities – the responsibility for the complex and proper development of a patient, a client, a nursling or a pupil... New areas appear which were not earlier associated with the necessity of rehabilitation (e.g occupational or social rehabilitation). Realising their multiplicity and the fact that there are still new ones to come is the basis for effective actions. It indicates the obligatory open stand as much as the readiness and willingness to discuss and to listen to arguments of interlocutors rather than adversaries.

Key words: rehabilitation, interdisciplinary approach, disability, development

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One should not discuss the issue of rehabilitation without any references to developmental changes. Depending on the approach and the theory we decide to apply to define developmental changes, the process of rehabilitation should be