

Evaluating the Surrounding World, One's Own Personality and One's Own Future by the Youth and the Emotions Shown by Them

Abstract

The basic thesis I intend to prove here is as follows: there is a close connection between emotional resources of young people and the cognitive style presented by them.

To justify the above thesis, some empirical research had to be done, whose aim was to show the educational provision of the youth with emotional resources and the cognitive style. The researches were carried out not only in Poland, but Norway as well. The participants were students of junior high schools, high schools and universities. They also included working people, computer players, and the disabled (paraplegics). It is worth mentioning that the cognitive element of emotions appears in a great number of conceptions.

Key words: *cognitive style, personality, emotions*

Introduction

The conscious emotional representation may, according to J. Reykowski (1974), arise at one of two levels: a lower level, allowing for a ready-made expressional procedure, and a higher level, allowing for expressing the presented fact or process in symbolical forms.

Arising representation of emotions at the coding level can be found in the conception by K. Obuchowski (1982). According to the author of "The Codes of Orientation and the Structure of Emotional Processes", the sources of emotions are